

9:00 a.m.	<b>Event kick-off/ Doors open/ Exhibits open</b>		Exhibit Hall
9:30 a.m.	<b>Silver Sneakers</b>	<i>presented by Humana</i>	Exercise Stage
10:00 a.m.	<b>Wellquest Kick-off</b>	<i>presented by Working Well</i>	Exercise Stage
10:30 a.m.	<b>Financial Wellness in the Workplace</b>	<i>presented by Waddel &amp; Reed</i>	Presentation Stage
11:00 a.m.	<b>Fast and Furious Fat Attack</b>	<i>w/ Laurel &amp; Mike of Boot Camps to Go</i>	Exercise Stage
11:30 a.m.	<b>Eat Healthy, Live Longer</b>	<i>presented by New Leaf Market</i>	Presentation Stage
12:00 p.m.	<b>Body Vive, Body Combat and Body Flow</b>	<i>Good Friends Family Fitness</i>	Exercise Stage
12:30 p.m.	<b>Fit Camp</b>	<i>by GroupFit Studio</i>	Exercise Stage
1:00 p.m.	<b>TBA</b>	<i>TBA</i>	Presentation Stage
1:30 p.m.	<b>Silver Sneakers</b>	<i>presented by Humana</i>	Exercise Stage
2:00 p.m.	<b>The latest and the greatest in Amazing Weight Management and Anti-Aging</b>	<i>by Amazing Figures!</i>	Presentation Stage
2:30 p.m.	<b>From Russia with (tough) Love. The Russian Kettlebell</b>	<i>w/ Laurel &amp; Mike of Boot Camps to Go</i>	Exercise Stage
3:00 p.m.	<b>Zumba</b>	<i>with Margie Milan of Zumbajunkie</i>	Exercise Stage
3:30 p.m.	<b>Getting Paid to Stay Fit "Army Strong"</b>	<i>presented by US Army Recruiting</i>	Exercise Stage
4:00 p.m.	<b>We Can Transform You</b>	<i>with Kat of Vertical Aerial Arts and Alternative Dance Studio</i>	Exercise Stage
4:30 p.m.	<b>Alpha Upkudo Martial Arts &amp; Fitness</b>	<i>presented by Master Anne of A Better Body</i>	Exercise Stage
4:50 p.m.	<b>Final announcements</b>		
5:00 p.m.	<b>Show ends (exhibits close)</b>		